

## Le Teddy Tour 2024 - Ride the Western Front: Road Warrior Challenge

Get ready to embark on an unforgettable journey as you pedal through history and breathtaking landscapes in our Western Front Road Cycling Challenge.

This cycle event isn't for the faint hearted, you'll have to train hard in preparation for 4 long days with long distance rides and climbs - We have a group of amazing people who go out regularly and can help you with this if you need it.

### The Challenge

**Challenge:** Western Front: Road Warrior Challenge  
**Countries:** France  
**Date of Challenge:** Thursday 27<sup>th</sup> June – Tuesday 2nd July 2024  
4 days cycling - 1 day of rest/exploring - 1 day travelling home

**Cost to Secure Place:** £75.00 (non-refundable)  
**Cost of Challenge:** £475.00 (inc. place deposit)  
**Guaranteed Sponsorship Amount:** £450.00 (minimum)

Cycle through the very heart of the Western Front, where history and nature converge. Witness stunning vistas, charming villages, and the remnants of World War I, all while pushing your cycling limits.

**This challenge will involve cycling 50-100 miles for four days across the Western Front - this could include tough terrain and weather. We advise that you make sure you have the ability and fitness level to achieve cycling this distance for four days. Practise and preparation are essential for this event. We have a group that regularly go out and can help you with this however, you will need to be averaging a consistent 15-16mph before the tour.**

Don't despair, we believe anyone can take on this challenge and achieve great things.  
Our last tour consisted of cyclists of different ages with different abilities.

**This isn't a race – this is a charitable team event where no one gets left behind.**

Since this is a charity event there will be a maximum of 12 spaces available for riders to take on this challenge. To secure your place for this event you will need to pay £75.00, places will be secured on a first come first serve basis. If you secure your place and later need to drop out for any reason, this deposit **will not** be refunded but **will** go towards the fundraising for this event.

### **Sponsorship:**

We ask you to raise a minimum of £450.00 sponsorship.

*Your minimum target is £450.00 and you guarantee that you will reach this target as a minimum.*

*Should you fail to reach this target by August 31st 2024, then you will be liable for the balance outstanding.*

### **Cost of Challenge:**

£75.00 Sign Up Fee (non-refundable) is required at the time of sign up to secure your place

£200.00 Required by January 31st 2024

£200.00 Required by April 30th 2024

**Monthly Payment Plan Available:** Enquire for details

### **Tour expenses:**

The tour will cost £475.00pp this includes your sign up fee, travel, accommodation, support, and breakfast for 5 days (starting with Breakfast on the Friday - ending with breakfast Tuesday).

- The total tour cost £475.00 will be expected in full, by the 30th April 2024
- 20 Euros will be required for Friday, Saturday and Sunday. This will cover your lunches which will be organised by the support team.  
Lunch will include: Water, Baguettes/Sandwiches, Crisps and Sweet Treats - though you may want to bring additional snacks, powders or gels.
- You will be required to pay for your dinner and any other personal items you may want or need.
- We will bring the necessary bicycle spares available to buy if needed.

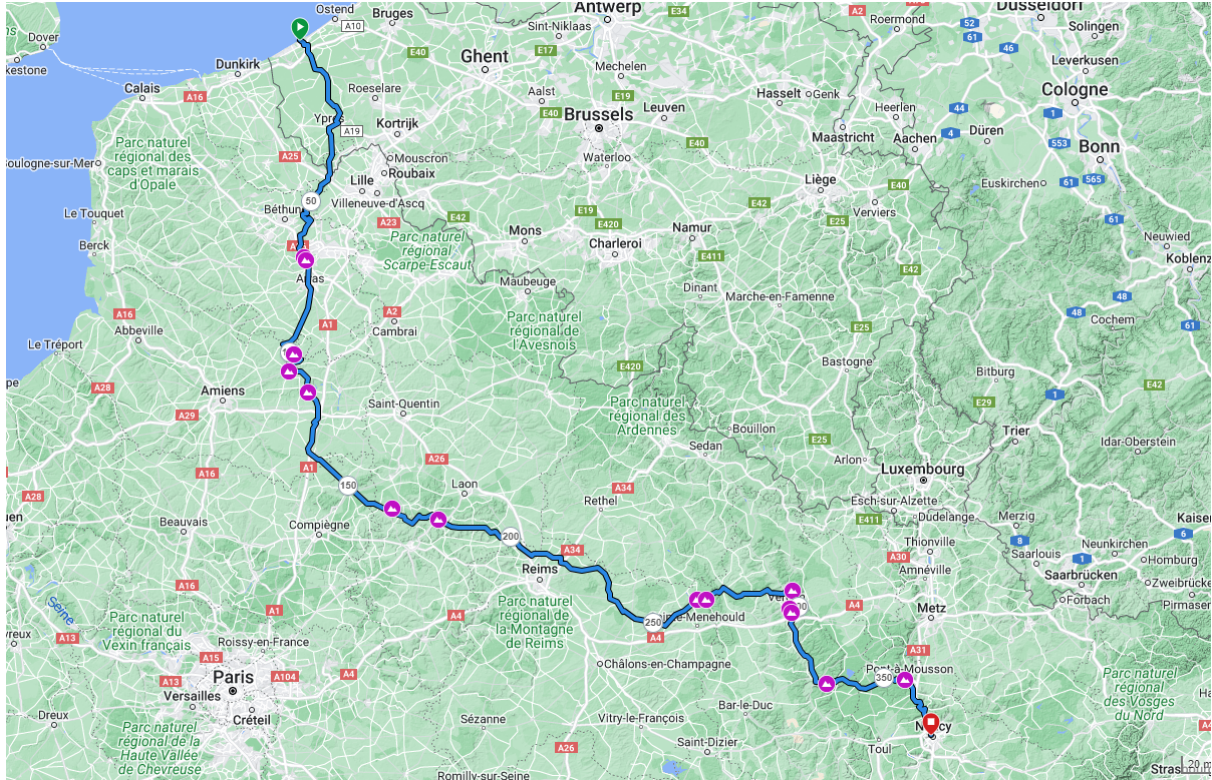
### **Transport:**

There will be 1 x 16-seater mini bus and 1 x support vehicle. The mini bus will depart from Blandford Forum (time TBC) and will take you, your belongings and the rest of the team to Dover where you will board the Ferry and cross over to Dunkirk. From here, the mini bus will transport you to your starting point. The support vehicle will house your bicycles, spare parts, snacks and water. This vehicle will follow your route with your belongings and be on hand to support cyclists. At the end of the tour, the minibus will transport you all home via the ferry and back to Blandford Forum.

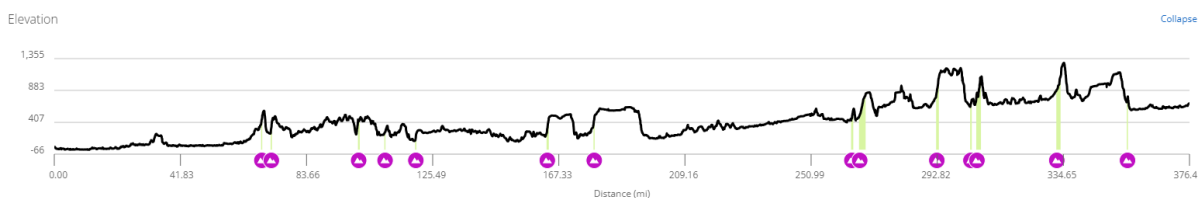
**Teddy20 has charity liability insurance which covers this cycling event. However, you will still need to get your own personal travel insurance.**

## Route & Climb Information

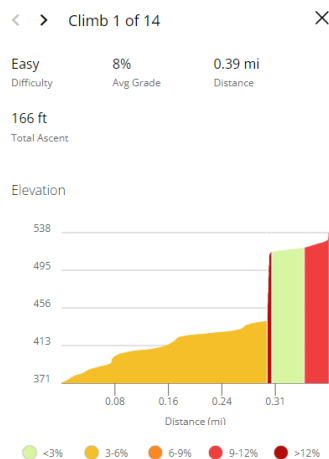
A rough route with climbs has been included below for reference, this is subject to change. Finalised routes and Itinerary will be sent to each cyclist by February 2024.



*Pink icons represent climbs - More details on climbs will be provided later*



### Example of Climb 1



**To book your place:**

Fill in the registration form below and send to [sophieferry@teddy20.org](mailto:sophieferry@teddy20.org)

Sign Up Fee: £75.00

Payment Method: Cheque / BACS / Card Machine\*

\*Incurs additional £1.00 transaction fee

**Bank Details:**

Lloyds Bank,

Acc Name: Teddy20

Sort Code: 30-90-89

Acc Number: 37512368

**Your place will only be secured when we have received your sign up fee and signed registration form.**

Once you've confirmed your participation, you will be provided with a sponsorship pack to assist you in promoting your challenge to a wider audience. You will receive a link to set up your fundraising page, which will be directly linked to our Le Teddy Tour 2024 campaign. Please note that sponsorship and fundraising pages will remain open until August 31, 2024.

## Ride with us, book your place today and help raise money for an incredible cause!



Le Teddy Tour  
Supporting Children  
with Cancer

### Registration Form

Full Name			
Address			
Postcode			
DOB			
Mobile			
Email			
Passport No:	Expiry:	Nationality:	
Passport info will be required when booking Ferry Crossings			
Bike Make:			
Your Bike make and model is required so we can bring necessary spares i.e tubes, chains - feel free to bring your own.			
Next of Kin			
Mobile			

### Sign Up Fee: £75.00

Cash	Cheque	BACS	Card Machine
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If paying directly into the bank please remember to use reference CYC24.

Date Paid	
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By signing my name below, I certify that I have read the above information. My signature also certifies my understanding of payment and sponsorship funds. I understand I am responsible to pay £475.00 by April 30th 2024 and any outstanding sponsorship by August 31st 2024.

Cyclist Signature:.....

***Thank you for joining our fight and choosing to support Teddy20 Supporting Children with Cancer.***

### **Cycle Waiver Form**

- Riders must acknowledge that this is a ride out which will take place on the public highways. As such you are governed by the laws of Europe and are solely responsible for riding in a safe, competent and lawful manner.
- Riders acknowledge to ride within the rules of the Highway Code whilst on the ride out.
- Riders acknowledge that it is not the function of the ride leaders to serve as safety marshals for the ride out. Riders are responsible for their own safety.
- Riders certify that they are physically fit, have sufficiently prepared or trained for participation in this activity, and have not been advised to not participate by a qualified medical professional.
- Riders confirm that the bicycle they are riding for the event and all of the equipment is of a suitable standard and state of road worthiness.
- Riders must acknowledge they are not under the influence of alcohol or any legal or non-legal substances that may impair their judgement or ability to cycle safely.
- Riders acknowledge that they are fully aware of the risks connected with participation in the ride out, whether specifically listed in this waiver or not, and they voluntarily elect to participate in the ride out knowing that this participation involves these risks.
- Riders acknowledge that it is their responsibility to make a decision whether to ride a section or not. The route taken does not necessarily indicate that a road is rideable and the rider is deemed to make their own decision about whether to proceed on bike, foot or not at all. If the rider chooses to ride a section, it is entirely their own choice. If they choose a different route to avoid obstacles or sections they do so entirely at their own risk.
- Riders agree that no liability whatsoever shall be attached to the organisers, sponsor(s), or any official or member of the Teddy20 organisation in respect of any injury, loss or damage suffered in or by reason of the challenge, however caused.

Cyclist Signature:.....